

What's going on at the JCC...

OUTDOOR POOL SCHEDULE THROUGH AUGUST 23, SUNDAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 - 10:00 AM Lap Swim Only	6:00 - 11:45 AM Lap Swim Only Pool Closed	6:00 - 11:45 AM Lap Swim Only Pool Closed	6:00 - 11:45 AM Lap Swim Only Pool Closed	6:00 - 11:45 AM Lap Swim Only Pool Closed	6:00 - 10:00 AM Lap Swim Only	8:00 - 10:00 AM Lap Swim Only
10:00 - 11:00 AM Parent Tot Swim	11:45 AM - 1:00 PM Swim Lessons Beach Area Open (1 lane for lap swim)	11:45 AM - 1:00 PM Swim Lessons Beach Area Open (1 lane for lap swim)	11:45 AM - 1:00 PM Swim Lessons Beach Area Open (1 lane for lap swim)	11:45 AM - 1:00 PM Swim Lessons Beach Area Open (1 lane for lap swim)	8:00 - 10:00 AM Swim Team Practice (1 lane for lap swim)	10:00 AM - 12:00 PM Beach Area and Shallow Open (2 lanes for lap swim)
10:00 AM - 12:00 PM Beach Area and Shallow Open (2 lanes for lap swim) Deep End Closed	1:00 - 9:00 PM Open Plunge (2 lanes for lap swim)	1:00 - 9:00 PM Open Plunge (2 lanes for lap swim)	1:00 - 9:00 PM Open Plunge (2 lanes for lap swim)	1:00 - 9:00 PM Open Plunge (2 lanes for lap swim)	10:00 AM - 12:00 PM Beach Area & Shallow Open (2 lanes for lap swim)	12:00 - 6:50 PM Open Plunge (2 lanes for lap swim)
12:00 - 6:50 PM Open Plunge (2 lanes for lap swim)					12:00 - 6:50 PM Open Plunge (2 lanes for lap swim)	

NOTES: Lap lanes are available as noted above except when programming changes require usage. In those cases, lap lanes will be available indoors.

Some Fridays will be used as make-up days for lessons that are cancelled because of weather, on those Fridays, Open Plunge begins at 1:00PM rather than 12:00 PM.

OUTDOOR POOL SCHEDULE

FROM AUGUST 24, MONDAY THROUGH SEPTEMBER 7, MONDAY (LABOR DAY)

SUNDAY	MONDAY*	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 - 11:00 AM Lap Swim Only	6:00 - 11:00 AM Lap Swim Only	6:00 - 11:00 AM Lap Swim Only	6:00 - 11:00 AM Lap Swim Only	6:00 - 11:00 AM Lap Swim Only	6:00 - 11:00 AM Lap Swim Only	8:00 - 11:00 AM Lap Swim Only
10:00 - 11:00 AM Beach Area and Shallow Open	2:30 - 3:30 PM Beach Area and Shallow Open	2:30 - 3:30 PM Beach Area and Shallow Open	2:30 - 3:30 PM Beach Area and Shallow Open	2:30 - 3:30 PM Beach Area and Shallow Open	2:30 - 3:30 PM Beach Area and Shallow Open	10:00 - 11:00 AM Beach Area and Shallow Open
11:00 AM - 6:50 PM Open Plunge (2 lanes for lap swim)	3:00 - 7:00 PM Open Plunge (2 lanes for lap swim)	3:00 - 7:00 PM Open Plunge (2 lanes for lap swim)	3:00 - 7:00 PM Open Plunge (2 lanes for lap swim)	3:00 - 7:00 PM Open Plunge (2 lanes for lap swim)	3:00 - 6:50 PM Open Plunge (2 lanes for lap swim)	11:00 AM - 6:50 PM Open Plunge (2 lanes for lap swim)

*SPECIAL LABOR DAY HOURS - BEACH AREA & SHALLOW OPEN AT 10:00 AM OPEN PLUNGE FROM 12:00 - 6:50 PM

INDOOR POOL SCHEDULE

CLASSES SUBJECT TO CHANGE - PLEASE CALL IF YOU HAVE QUESTIONS 801.581.0098, 117 OR 103

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 AM - 12:00 PM Lap Swim Only	6:00 - 11:00 AM Lap Swim Only	6:00 AM - 12:00 PM Lap Swim Only	6:00 - 10:30 AM Lap Swim Only	6:00 AM - 12:00 PM Lap Swim Only	6:00 - 11:00 AM Lap Swim Only	8:00 AM - 12:00 PM Lap Swim Only
12:00 - 6:00 PM Open Plunge (3 lanes for lap swim)	10:05 - 11:05 AM Aquafast (2 lanes for lap swim)	6:00 - 7:00 AM Stroke Club	10:05 - 11:05 AM Aquafit (2 lanes for lap swim)	6:00 - 7:00 AM Stroke Club	10:05 - 11:05 AM SP Aquatone (2 lanes for lap swim)	12:00 - 6:00 PM Open Plunge (3 lanes for lap swim)
	12:00 - 9:00 PM Open Plunge (2 lanes for lap swim)	12:00 - 9:00 PM Open Plunge (3 lanes for lap swim)	11:30 AM - 7:00 PM Open Plunge (3 lanes for lap swim)	12:00 - 9:00 PM Open Plunge (3 lanes for lap swim)	12:00 - 6:00 PM Open Plunge (2 lanes for lap swim)	
	6:00 - 7:00 PM Stroke Club		7:00 - 9:00 PM Kayaking Indoor Pool Closed			